

Step-by-Step Process for Achieving the Relationship of Your Dreams

Step One:

Make a list of everything you want in a partner and a relationship.

Step Two:

Read the first item on the list, and imagine being with someone like that - and notice what happens inside you.

Step Three:

Make a note of any negative thoughts or feelings that come up.

Step Four:

Think back to where you've experienced those feelings or thoughts before - and make a note of the earliest one/s (even if there's no emotional charge now).

Step Five:

Use FasterEFT to change those memories to positive.

Step Six:

Do the same process with each item on the list - until you can read the list and know that you can have a relationship like this.

Step Seven:

Put the list away, forget about it, and get on with enjoying your life, continuing to use Zero Tolerance and FasterFET to clear any old programs that show up.