







Stress Relief Reading

Instructions

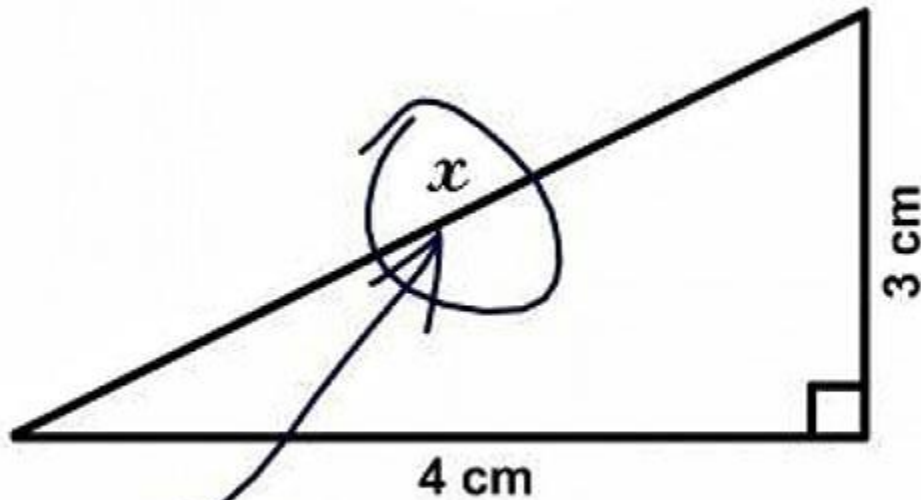
- 1 Notice **how** you know you don't feel good. 
- 2 **Start reading** one of the articles or items below.
- 3 Read until you smile or laugh, then **PAUSE**... 
- 4 **NOTICE** the bad feeling again - is it still the same? Is it different? Notice what's still there. 
- 5 Start reading again.
- 6 Read until you smile or laugh, then **PAUSE** again. 
- 7 **NOTICE** the bad feeling again - is it still the same, or different? Notice whatever's left. 
- 8 **Continue** reading again, and keep repeating steps 3 to 7 until you can't find the bad feelings anymore. 

Step 9:

Now, use [FasterEFT](#) to change the original subconscious references (memories) that caused this emotional state, so that you don't have to experience it like this again. :)

Funny Test Answers from Kids

3. Find x .



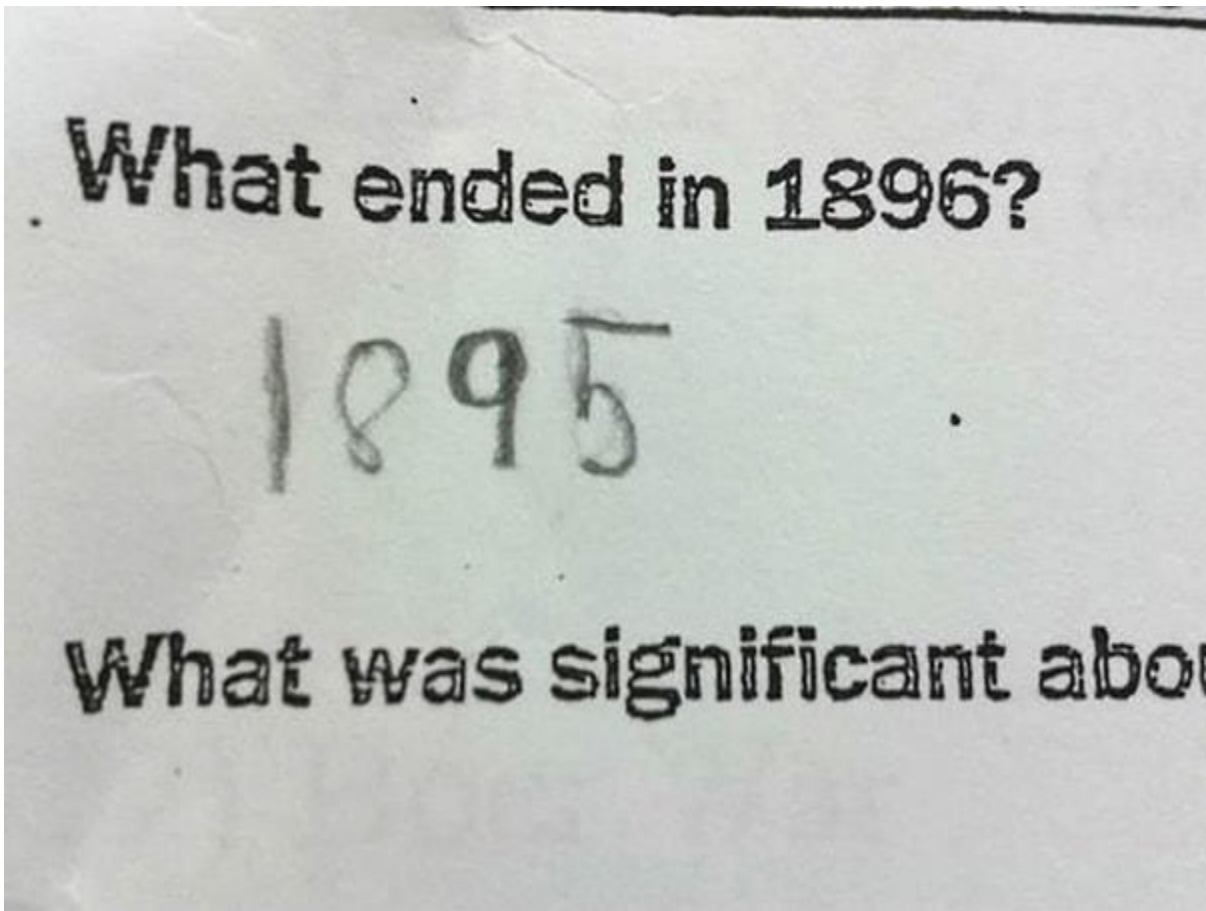
Here it is

Transparency Worksheet 23 Hard and Soft Water

1. Briefly explain what hard water is.

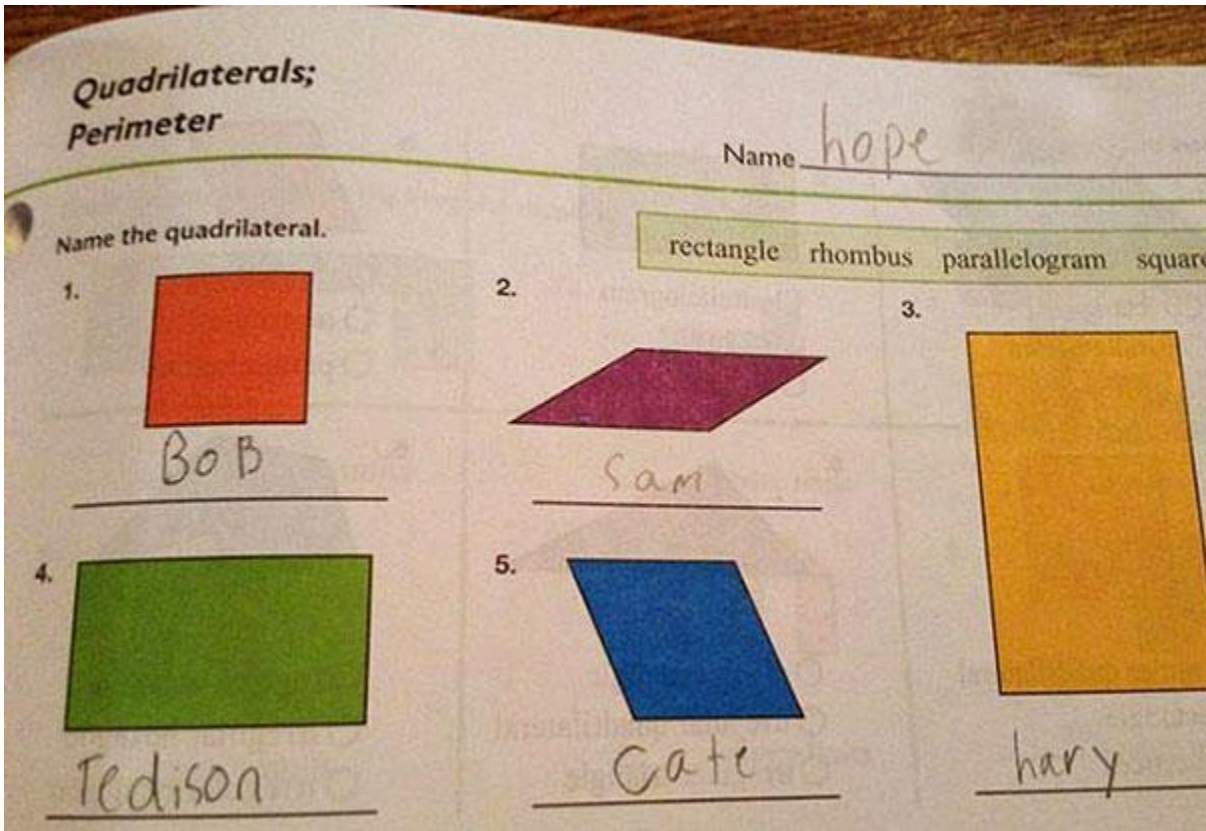
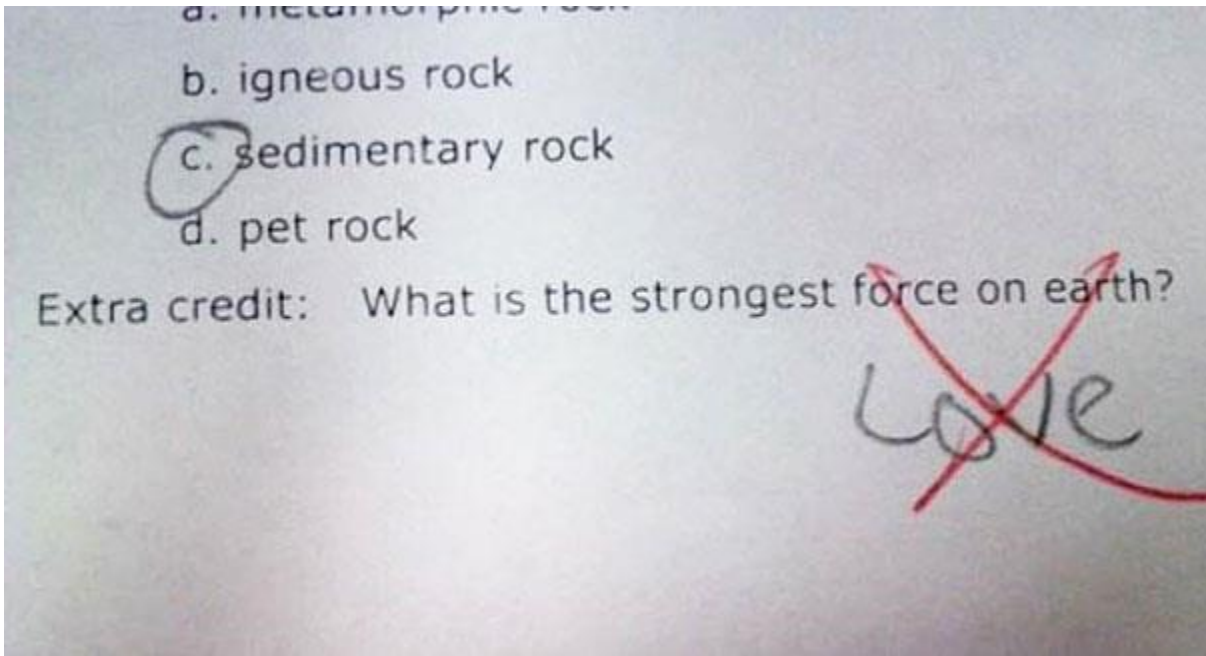
ice

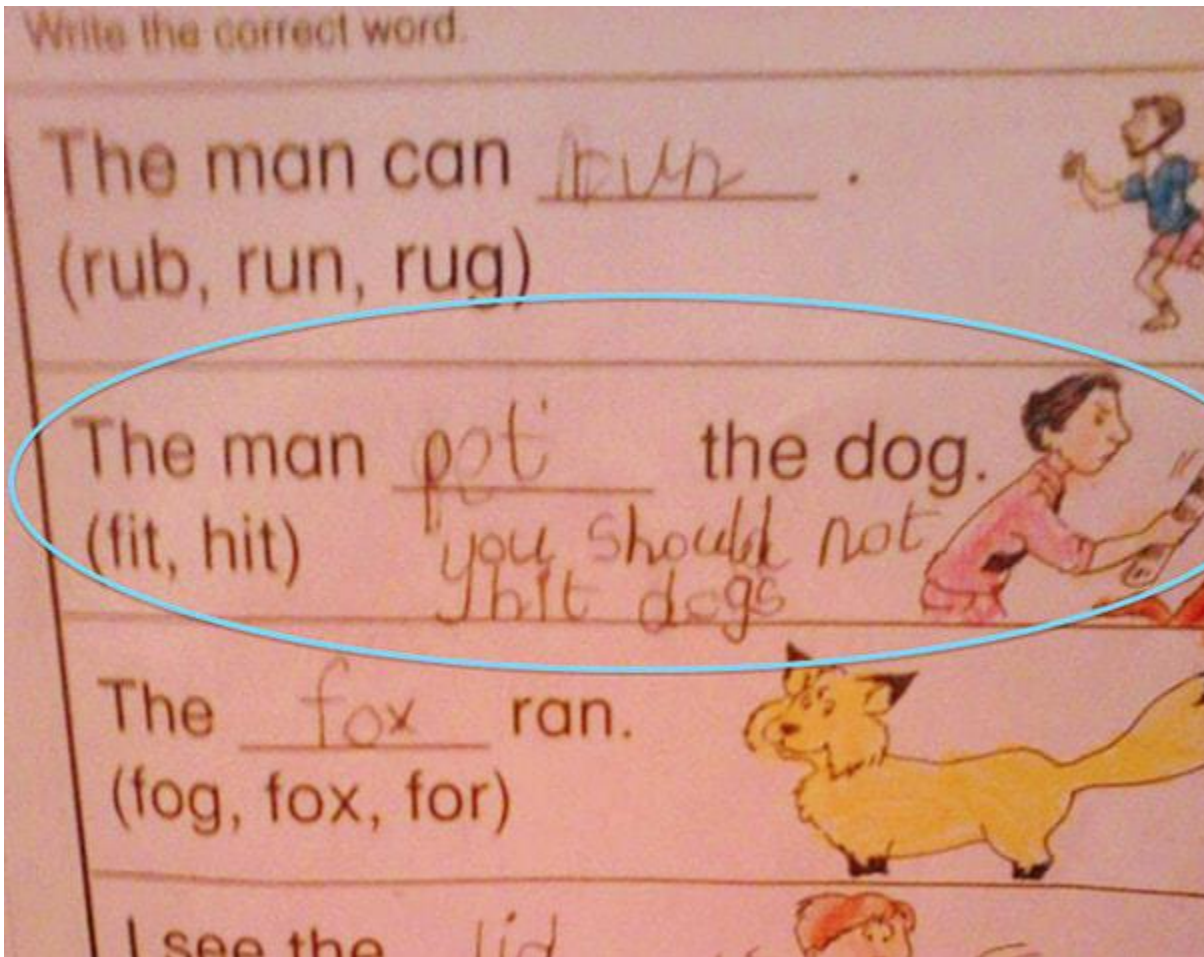
2. Note that calcium is one of the solids dissolved in ocean water. Describe two ways by which calcium ends up in sedimentary rocks.



Where was the American Declaration of Independence signed?

At the bottom.





... to 1000, 177 of 170: _____ How much less?

• The difference between 180 and 158 is 22.

Try This

Explain how you found your answer in Problem 4.

math

Practice

ive. 7

use video, horizon readings + extra info.

HOMEWORK

You are to assume the role of a Chinese immigrant in 1870 and write a letter home describing your experiences

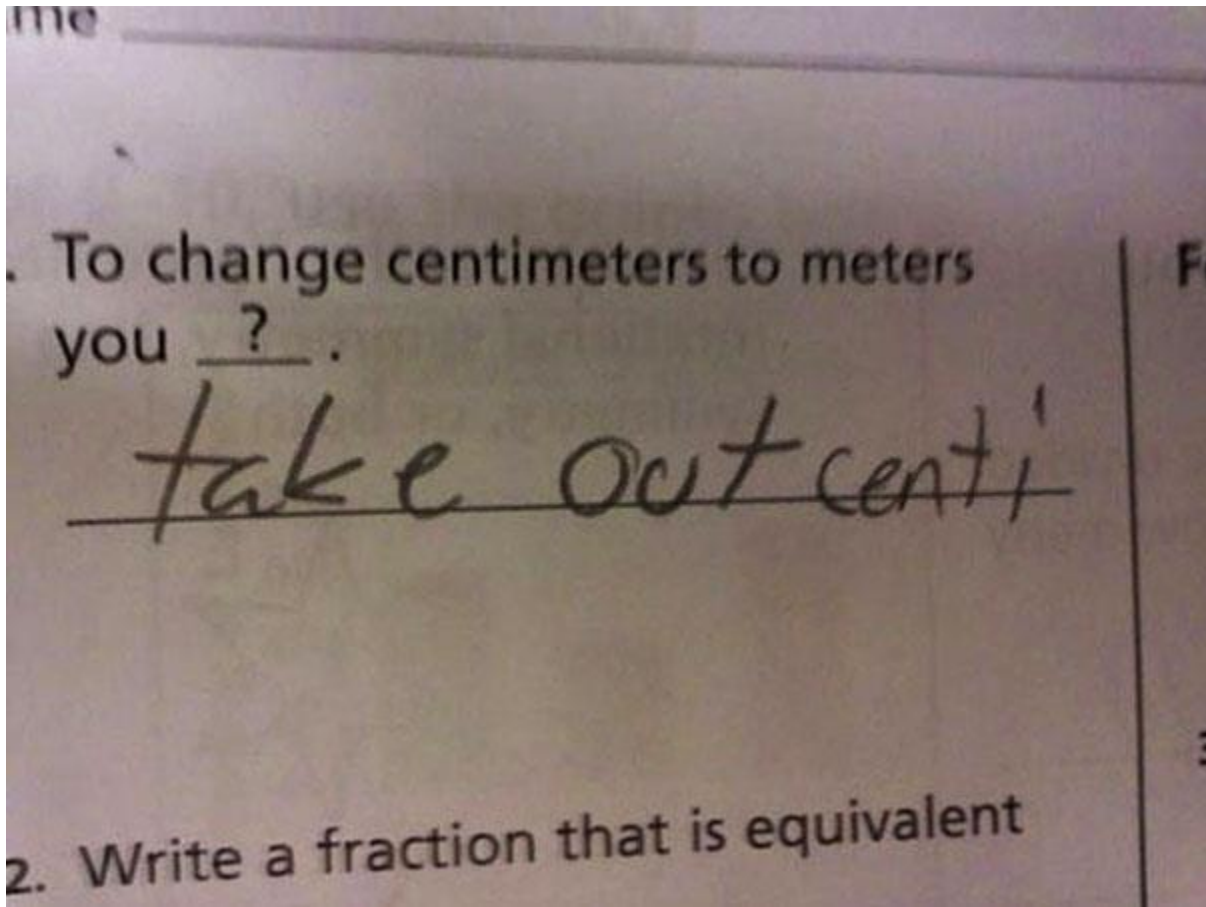
Your letter should include the following:

- your contributions and experiences in the West.

我在這裏生活得很差。
工作環境不佳，福利也少。
不過不用擔心，每天只有大概十個人受重傷，
而我也很小心。
我們開了一間小鋪，生意不俗。
雖然我英文不是很認識，但是也能略略
對
明白那些白人所說的話。
希望能夠出頭地吧！我在這裏會努力工作，也
會小心身體的。
你們還好吧？
很掛念你們，希望我們能夠再見面。

For more resources, help and guidance, visit:

www.subconscious-reprogramming.com



~~8.~~ The first cells were probably...?

lonely.

~~9.~~ What is chemosynthesis? (Bonus: W

PETER

1.21

4c) Expand

~~$(a+b)^n$~~

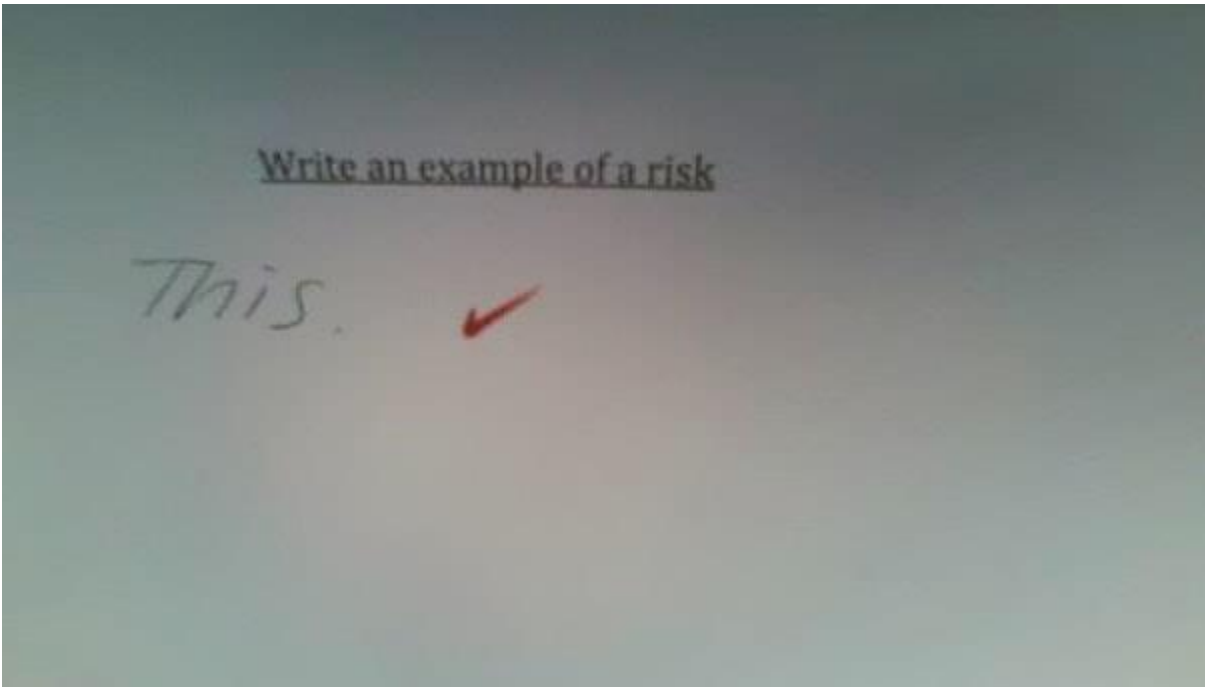
$(a+b)^n$ *Very young Peter*

$= (a + b)^n$

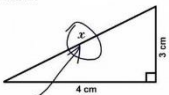
$= (a + b)^n$

$= (a + b)^n$

~~$(a + b)^n$~~



3. Find x.



Here it is

Transparency Worksheet 23
Hard and Soft Water

1. Briefly explain what hard water is. *ice*

2. Note that calcium is one of the solids dissolved in ocean water. Describe two ways by which calcium can be removed from ocean water.

What ended in 1896?

1895

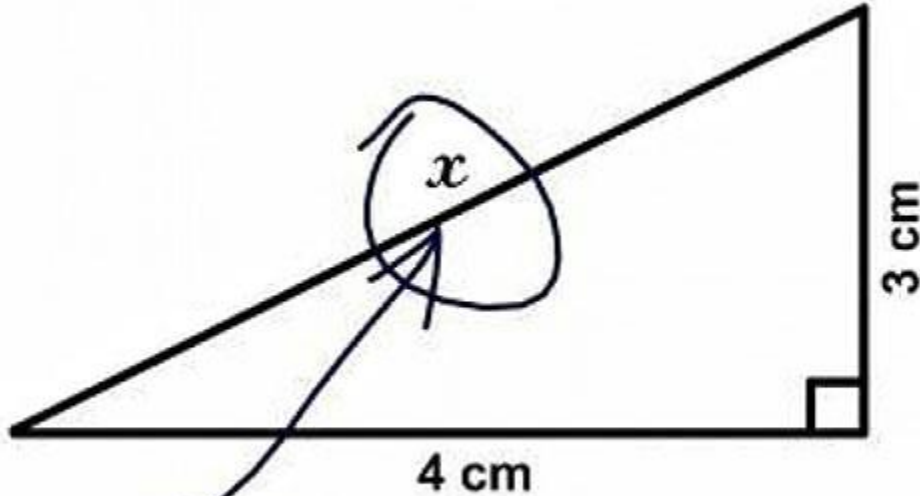
What was significant about

Where was the American Declaration of Independence signed?

At the bottom.

b. igneous rock
c. sedimentary rock
d. pet rock
Extra credit: What is the strongest force on earth?
Love

3. Find x .



Here it is

Source: <https://www.boredpanda.com/funny-test-answers-smartass-kids/>

Only Joking...

As we pulled into the parking lot, we saw a couple of people looking under the hood of their car. Concerned, Mom wondered aloud, "Do you think they have a flat tire?"

While taking stock of our products, I read aloud the final numbers to my boss. As he entered each one into a calculator, I deleted it off my mobile device. Only after I'd finished did we realize that he had entered the numbers on his desk phone's keypad.

David Marland, on quora.com

My sister didn't do as well on her driver's-ed test as she'd hoped. It might have had something to do with how she completed this sentence: "When the _____ is dead, the car won't start."

She wrote: "Driver."

Nathan Hellman, Brooklyn, New York

I stayed in a hotel where the towels were so thick, I could hardly close my suitcase.

Adam Joshua Smargon, Newark, Delaware

Penn Jillette, the chatty half of the magic duo Penn & Teller, shared with us his favorite clean joke:

Two racehorses are in a stable. One says to the other, "You know, before that last race ..."

"The one that you won?" asks the other horse.

"Yeah, before that race, I felt a pinch in my hindquarters."

The other horse says, "Funny, I felt a pinch in my hindquarters before the race that I won."

A dog walking by says, "You idiots, you're being doped. They're injecting you with a drug to make you faster!"

The first horse turns to the other and says, "Hey, a talking dog!"

A customer walked into our insurance office looking for a quote. But first I had to lead her through a litany of questions, including: "Marital status?"

"Well," she began, "I guess you could say we're happy-as happy as most other couples nowadays."

An aching back sent me stumbling to the drugstore for relief. After a search I found what I was looking for: a selection of heating pads specifically for people with back pain—all on the bottom shelf.

One of our visiting Italian students at Sheppard Air Force Base said he wouldn't be able to fly that day.

"Why?" his teacher asked.

Marshaling all the English he knew, the student pointed to his ears and explained, "It's my fallopian tubes."

"I hate audio correct."

Aaron Fernando, Richmond Hill, New York

Client to designer: "It doesn't really look purple. It looks more like a mixture of red and blue."

Source: clientsfromhell.net

A doctor sent this note to our medical clinic: "Patient needs a referral for your office from me. I saw her for her ankle and would like you to run over it."

—M. P., via e-mail

I phoned a local restaurant to ask if it was on the north or south side of Main Street. The person on the other end answered, "That depends on which direction you're coming from."

Patricia Thompson, Shawnee, Kansas

While we were working at a men's clothing store, a customer asked my coworker to help her pick out a tie that would make her husband's blue eyes stand out.

"Ma'am," he explained, "any tie will make blue eyes stand out if you tie it tight enough."

While I was out to lunch, my coworker answered my phone and told the caller that I would be back in 20 minutes. The woman asked, "Is that 20 minutes Central Standard Time?"

Jamie Hindman, Lewisville, Texas

Stuck in rush-hour traffic, I couldn't help but stare when a burly biker wearing black leather jacket and chaps pulled up next to me on a shocking pink Harley Davidson. My first thoughts were, "Is that really a pink Harley? I wonder if he's..."

Just then the traffic cleared and he pulled in front of me. On the back of his helmet were stenciled the words "Yes it is. No I'm not."

I asked my brother-in-law, the father of four boys, "If you had to do it all over again, would you still have kids?"

"Yes," he said. "Just not these four."

Sheila Lee, Lorain, Ohio

Source for the above jokes: <https://www.rd.com/joke>

Silly Signs







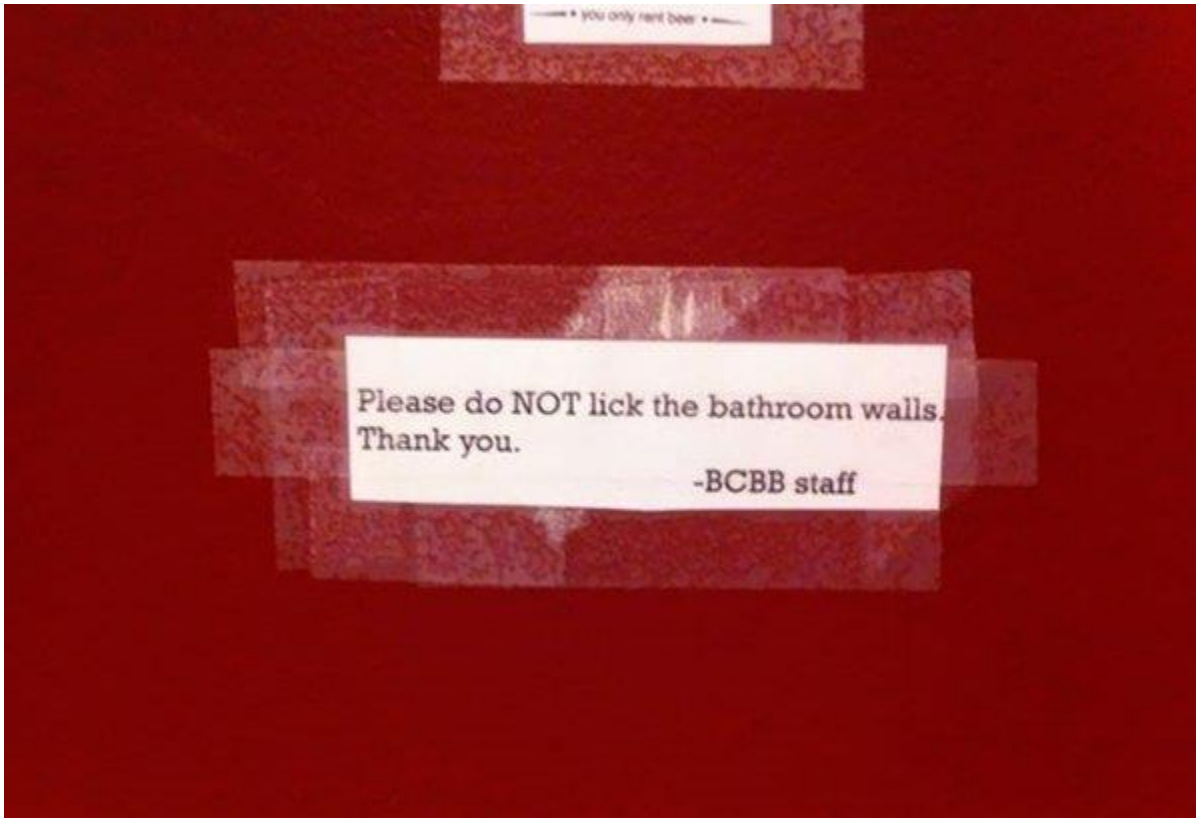




For more resources, help and guidance, visit:
www.subconscious-reprogramming.com











Resources:

<http://www.dumpaday.com/category/humor-pictures/funny-signs/>

<https://www.awesomeinventions.com/funny-signs/>

<http://runt-of-the-web.com/funny-signs>

For MORE Information on FasterEFT:

The Basics of FasterEFT:

<https://fastereft.com/blog/basics-of-fastereft/?ref=143>

FasterEFT Step-by-Step

<https://fastereft.com/blog/the-fastereft-technique-step-by-step/?ref=143>

What's Happening in Your Brain While You're Tapping?

<https://fastereft.com/blog/whats-happening-in-your-brain-while-youre-tapping/?ref=143>

The REAL Cause of All Your Problems:

<https://fastereft.com/blog/fastereft-solves-real-cause-of-problems/?ref=143>

Why Do We Flip Memories in FasterEFT?

<https://fastereft.com/blog/why-do-we-flip-memories-in-fastereft/?ref=143>

Official Live FasterEFT Events with Robert Gene Smith:

<https://fastereft.com/events/?ref=143>

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<https://fastereft.com/courses/?ref=143>